



KR TECHNICAL COLLEGE

AFFILIATED TO SANT GAHIRA GURU VISHWAVIDYALAYA SURGUJA, AMBIKAPUR
RECOGNIZED BY CHHATTISGARH GOVERNMENT



REF: KRTC/21/WE/45

DATE: 15/11/2021

EVENT REPORT

NAME OF THE EVENT: food Nutrition program			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS NAME
15/11/2021	science	WOMEN'S Cell	MAMTA DUBEY
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE(Online/Offline)
12.00 pm	KRTC		offline
FINANCIAL SUPPORT/ASSISTANCE (If any):			

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	Career Awareness program in the field of food Nutrition.
OBJECTIVES	Improve healthy fitness and quality of life through daily physical activity improve well. development health safety and well being of adolescent and young adults
METHODOLOGY	Seminar
INVITED SPEAKERS WITH AFFLIATION DETAILS (IF ANY)	Dr. Alka Jain HOD of Home science Govt A.M.D College A.PUR (C.G.)
OUTCOMES	Provide Nutrition counseling and education to individuals group and communication strategies.



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PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1	2	3	4	5
Notice & Letters	Number of Participants	Name of participants	Photos & Video	Feedback Form & Analysis
✓	✓			✓
6	7	8	9	10
News clip with details	Sample Copy of the Certificate	Posters/ Invites	Event Report	Any other Document
—	—	—	—	

IQAC/DEPARTMENT/COMMITTEE DOCUMENT/FILE REFERENCE

IQAC Document No:	
Departmental File no:	

FOR NAAC REFERENCE

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V ✓	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

AUTHORIZED SIGNATORY

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
		 Co-ordinator IQAC KR Technical College Ambikapur

Principal
KR Technical College

KR TECHNICAL COLLEGE

AFFILIATED TO SANT GAHIRA GURU UNIVERSITY
RECOGNIZED BY CHHATTISGARH GOVERNMENT

Pl. SHIVDHARI COLONY
NEAR FOREST OFFICE
AMBIKAPUR
DIST-SURGUJA, C.G.
MOBILE - 7354069990
Website :- www.krtc.co.in

Ref.No. - 127 C/2/1a E/4 G

Date: 15/11/2021

REPORT OF PROGRAM

Name of Program :- Food Nutrition awareness Program
Nature of Program :- online
Date of Program :- 15/11/2021
Time of Program :- 12:00 PM
Organized By :- WOMEN EMPOWERMENT Cell
Organized For :-
Name of Speaker :- DR. ALKA JAIN
Designation :- HOD. of Home Sci. Govt RMD College Ambikapur
Address :-
Report of Program :-

ज्ञान महाविद्यालय में Career development cell तथा women EMPOWERMENT CELL के द्वारा food Nutrition Program का आयोजन किया गया जिसमें मुख्य वक्ता के रूप में डॉ. अल्का जैन महाविद्यालय की डायरेक्टर रीनु जैन I&AC समन्वयक विनय अम्बरस्थ सम्मिलित हुए। कार्यक्रम का आरम्भ श्री विनितेश शुक्ल ने सभी अतिथियों का स्वागत किया कार्यक्रम को आगे बढ़ाते हुए महाविद्यालय के डायरेक्टर रीनु जैन ने मुख्य वक्ता के रूप में आये डॉ. अल्का जैन का विस्तारपूर्वक परिचय कराया।

तथा साथ ही उन्होंने Food Nutrition Program के तहत कैसे अपना future बना सकते हैं। इस बात पर छात्र छात्राओं से चर्चा की।

सैमीनार की अगली कड़ी में मुख्य वक्ता शिल्पा जैन Food Nutrition Program क्या हैं। ये क्यों जरूरी हैं। और हम कैसे इसके द्वारा अपना future बना सकते हैं। इस विषय पर विस्तार-पूर्वक जानकारी देने हुए college जाने वाले छात्र-छात्राओं को किस तरह का Nutrition शामिल करना चाहिए इस विषय पर जानकारी दी। साथ ही उन्होंने छात्र छात्राओं को अपने रोज के आहार में पां+A, पां+B, पां+C, पां+D में से पर्याप्त मात्रा लेने को प्रेरित किया।

कार्यक्रम के अंत में महाविद्यालय के प्राचार्य रितेश वर्मा जी ने सभी अतिथियों एवं छात्र-छात्राओं को सैमीनार को सफल बनाने में योगदान देने के लिए आभार व्यक्त किया।

कार्यक्रम को सफल बनाने में आशा भैंस, ममबता भैंस अफरोज सर, वेद सर ने अपना योगदान दिया कार्यक्रम का मंच संचालन श्री विनोद गुप्ता के द्वारा किया गया।

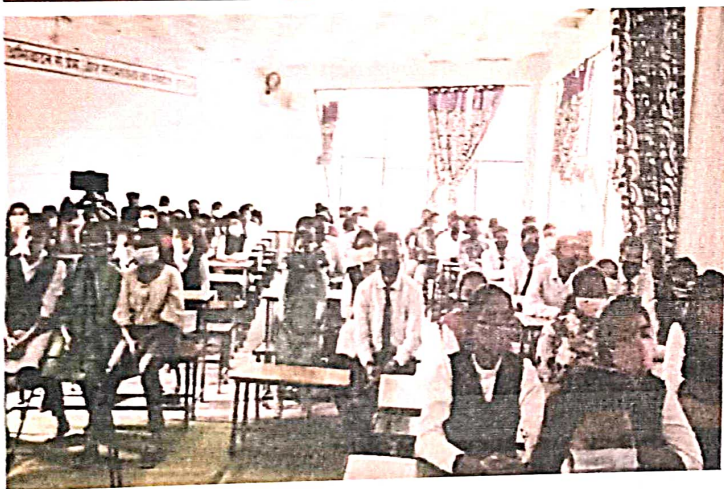


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Nutrition awareness program 2021-22



Signature
PRINCIPAL
K.R. Technical College
Ambikapur (C.G.)

PT. SHIVDHARI COLONY, NEAR FOREST OFFICE,
AMBIKAPUR, SURGUJA, CHHAATTISGARH

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Contact: 7354669900, 9301686874

KR TECHNICAL COLLEGE, AMBIKAPUR, SARGUJA (C.G.)

Attendance Sheet

NAME OF PROGRAMME :- NUTRITION AWARENESS PROGRAMME

NAME OF CLUB/SOCIETY :- Women Empowerment - Cell.

DATE :-

S.No.	Name of Participants	Class	Signature
1	Vidya Singh		Vidya Amisha
2	Ashisha Ekka		Amisha
3	Pushpa Singh		Pushpa
4	Pushpa Rajwade		यशिता
5	PRamila Kerketta		(R) Pandey
6	Neha Pandey		श्रीमती शिव
7	Mamta Yadav		Amisha
8	Pushpa Andilya		N. Jaiswal
9	Nainsee Jaiswal		Gitanjali
10	Gitanjali		Shr
11	Asha Tirkey		Gayatri Bhagat
12	Gayatri Bhagat		Babli
13	Babli Chouhan		Jasvini
14	Jasvini		Astha
15	Astha Pankra		Amisha
16	Monika Baiga		Amisha
17	Poonam		P Singh
18	Varsha Singh		Anjana Kujur
19	Anjana Kujur		Pooja
20	Pooja Bakhta		Amisha
21	Usha Singh Pankra		Amisha
22	Reema Kujur		श्रीमती
23	Anubha Lakra		Kerketta
24	Ruma Kerketta		Anubha
25	Ankita Ninj		Amisha
26	Karishma		Karishma

SR TECHNICAL COLLEGE, AMBIKAPUR, SARGUJA (C.G.)

FEEDBACK FORM

PROGRAMME :-

TECHNICIAN :-

Name of Students	Class	Feedback Form				Signature
		Average	Good	Very Good	Excellent	
1 Vidya Singh					✓	Vidya Singh
2 Ashisha Ekka					✓	Ashisha Ekka
3 Pushpa Singh				✓		Pushpa Singh
4 Pushpa Rajwade				✓		Pushpa Rajwade
5 Pramila Kerketta				✓		Pramila Kerketta
6 Neha Panday				✓		Neha Panday
7 Mamta Yadav				✓		Mamta Yadav
8 Pushpa Jaiswal				✓		Pushpa Jaiswal
9 Nainsee Jaiswal					✓	Nainsee Jaiswal
10 Gitanjali					✓	Gitanjali
11 Asha Tirkey					✓	Asha Tirkey
12 Gayatri Bhagat				✓		Gayatri Bhagat
13 Babli Chouhan				✓		Babli Chouhan
14 Jasvini				✓		Jasvini
15 Astha Paikra				✓		Astha Paikra
16 Monika Baiga				✓	✓	Monika Baiga
17 Poonam					✓	Poonam
18 Varsha Singh				✓		Varsha Singh
19 Anjana Kujur				✓		Anjana Kujur
20 Pooja Bakhla				✓		Pooja Bakhla
21 Usha Singh Paikra				✓		Usha Singh Paikra
22 Reena Kujur				✓		Reena Kujur
23 Anubha Lakka				✓		Anubha Lakka
24 Ruma Kerketta				✓		Ruma Kerketta
25 Ankita Ninj				✓		Ankita Ninj
26 Karishma				✓		Karishma



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